

Division of Thoracic Surgery Preoperative Instructions

The date of your surgery at Hartford Hospital is: _____

****A nurse from Hartford Hospital will call you the day before your surgery between 1:00pm and 6:00pm to let you know what time to arrive. If you are scheduled for surgery on a Monday, the nurse will contact you on the Friday prior. If you do not expect to be home during these hours, you may call the Surgery Time Line phone: 860-972-3208 after 1:00pm the day before your procedure****

When you arrive at the hospital, enter through the main doors. You will enter into the main lobby. To your left will be room 128, the Admitting Office, where you will check in.

IT IS VERY IMPORTANT THAT YOU HAVE NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE DAY OF YOUR SURGERY. THIS INCLUDES GUM, CANDY, OR WATER. YOU MAY, HOWEVER, TAKE A SIP OF WATER WITH YOUR MORNING MEDICATIONS.

- Are you a diabetic? Metformin, Glucophage, Glipizide, Januvia, etc. need to be held the morning of surgery. Hold insulin morning of surgery.
- Herbal supplements (ex: fish oil) and over the counter diet medications must be stopped two weeks prior to your procedure.

If there are any changes in your physical condition, such as a cold, fever, or infection, let your doctor know as soon as possible.

Arrange to have a responsible adult drive you to and from the hospital. If you plan to go home in a taxi, a person must accompany you.

Wear comfortable clothing the day of your procedure. Do not wear makeup or jewelry, and leave valuables and large amounts of money at home. If you are admitted, we strongly suggest arranging for a family member or friend to stay with you during the first 24-48 hours after you return home. If you end up needing visiting nurses, that will be set up for you by the nursing coordinator during your hospital stay.

Our office will make all of the admission arrangements for you, as well as getting any insurance authorizations prior to your surgery.

Your friends and family will be permitted to stay with you until you go into surgery. While you are in surgery, they may wait in the family lounge, located on the 5th floor of the Bliss Building.

Please do not hesitate to contact the office with any other questions.